RADICAL RELATIONSHIPS

Beyond Happily Ever After
5 Strategies for a Radical Relationship

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What you see depends upon where you’re standing and where you’re looking.
Scene 1: Jack meets Jill (exciting)
Jack and Jill Live Happily Ever After

Scene 2: Jack and Jill fall in love (even more exciting!)
Scene 3: Jack and Jill get married (yep, also exciting!)
Scene 4: Jack and Jill’s relationship becomes routine.
Who wants “happily ever after”?

[Answer: Everyone]
What you don’t conceive or believe, you can’t achieve.
The Default

Whatever happens, happens…

- No problems = “Good”
- Comfortable - basic needs are met
- Focus on relationship “as needed”
- Compromise is primary strategy

See a problem?
RADICAL RELATIONSHIPS

The Default
The Radical

rad.i.cal (adjective): very different from the usual or traditional

What would make you ecstatically radically happy beyond your wildest dreams?

- Desires/dreams you’re aware of
- Desires/dreams you’re unaware of
- Desires/dreams that evolve
RADICAL RELATIONSHIPS

The Radical
The key to happily ever after:
Life is a journey, not a destination
RADICAL RELATIONSHIPS

How?

Strategy #1: Radical Dating
Strategy #2: Radical Commitment
Strategy #3: Radical Intimacy
Strategy #4: Radical Sex
Strategy #5: Radical Living
Strategy #1: Radical Dating

- Learn and practice Conscious Dating
- Crystal clear Vision
- Requirements, Needs, Wants
- Believe in yourself and your dreams
- Don’t settle

(more at consciousdating.com)
Strategy #2: Radical Commitment

- 100%, no exits
- Physically and emotionally
- Attitude as well as behavior
- Unconditional
- Prioritize your partner’s happiness
Strategy #3

Radical Intimacy

Intimacy:
“A close, familiar, and usually affectionate or loving personal relationship with another person"
Radical Intimacy:

Sharing your private thoughts, feelings, wants, needs, fears, secrets, fantasies, and desires; everything inside you without holding anything back.
Radical Intimacy

Strategy #1: Create safety for yourself
Radical Intimacy

Strategy #1: Create safety for yourself
Strategy #2: Create safety for your partner
Radical Intimacy

Strategy #1: Create safety for yourself
Strategy #2: Create safety for your partner
Strategy #3: Continually take risks
Radical Intimacy

Strategy #6: Tell the whole truth
Radical Intimacy

Strategy #6: Tell the whole truth

Strategy #8: Positive response

(more at radicalmarriage.com)
Some Facts About Sex

• 25% of men and women lack interest in sex (Hypoactive Sexual Desire)
• 20% of relationships are sexless
• 15% of married couples haven’t had sex in 6 months or more
• Sex is great for your relationship and your health
More Facts About Sex

- Sex gets better with age
- Having sex increases interest in sex
- Desire and arousal are not correlated
- When you’re having sex as often as you’d like, your happy with your sex life
Radical Sex

Strategy #3: Prioritize your partner’s fulfillment
Radical Sex

Strategy #3: Prioritize your partner’s fulfillment

Strategy #4: Take responsibility for your fulfillment
Radical Sex

Strategy #5: Structure into your routine
Radical Sex

Strategy #5: Structure into your routine

Strategy #6: Embrace “what is”
Radical Sex

Strategy #9: Daily sex
Strategy #9: Daily sex

Strategy #10: Expand beyond traditional intercourse
Radical Sex

Strategy #9: Daily sex

Strategy #10: Expand beyond traditional intercourse

Strategy #14: Compile your Radical Sex Playlist

(more at radicalmarriage.com)
Strategy #5: Radical Living

- What is your biggest dream/vision?
- What is your life purpose?
- Believe
- Just do it
- Get support & lean on your team
You CAN live “Beyond Happily Ever After.”

It doesn’t matter where you’ve been. What matters is where you’re going, and how you’ll get there.
Recap of Five Strategies for a Radical Relationship

Strategy #1: Radical Dating
Strategy #2: Radical Commitment
Strategy #3: Radical Intimacy
Strategy #4: Radical Sex
Strategy #5: Radical Living
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